

SOUPS

Roasted Chicken Noodle

corkscrew noodles

Traditional Beef and Bean Chili

*tomato, beef, and kidney beans
cheese, sour cream and onions available*

Homemade Tomato Bisque

tomato puree with a touch of cream

Soup of The Day

SALADS

Caesar Salad

*hearts of romaine, focaccia croutons,
caesar dressing, and parmesan shards*

Cobb Salad

*diced turkey breast, smoked bacon, boiled
egg, avocado, diced tomato, chopped
lettuce and choice of dressing*

Granny Smith Apple and Asiago Cheese Salad

*bibb lettuce, spiced hazelnuts, light
tarragon-ranch dressing*

Soup and ½ Salad

choice of a cup of soup and ½ salad

Fresh Seasonal Fruit Plate

*melons, berries and citrus fruits served with
poppy seed dressing and a choice of chicken
salad, tuna salad or low fat cottage cheese*

Soup and ½ Deli Sandwich

choice of a cup of soup and ½ deli sandwich

Add: grilled chicken (\$3.00) or shrimp (\$4.00) to any salad.

*Dressings: parmesan peppercorn, light tarragon-ranch, balsamic vinaigrette,
bleu cheese, italian, caesar and ranch. light dressings options available.*

ENTREES AND MORE

Chicken and Black Bean Quesadilla with Three Cheeses

*cheddar, jack and mozzarella cheeses, guacamole,
sour cream, lettuce, tomato (jalapenos available)*

Phyllo Crusted Quiche of the Day

*housemade and baked in individual cups
en croute, choice of one side*

Rotisserie Chicken

*semi-boneless all-natural chicken,
choice of two sides*

SANDWICHES AND WRAPS

All sandwiches are served with choice of side.

Roasted Vegetable Panini

roasted eggplant, sundried tomatoes, buffalo mozzarella, charred red onion, roasted peppers, garlic aioli, homemade focaccia bread

Rotisserie Chicken Breast Panini

roasted peppers, fresh tomato, arugula pesto, havarti cheese, grilled sourdough bread

Crispy-Pressed Cuban Sandwich

cuban roast pork loin, prosciutto ham, fontina and swiss cheeses, dill pickle, yellow mustard

8 oz. Kobe Beef Burger

served with lettuce, tomato, onion and pickle on the side, choice of american, provolone, swiss or cheddar cheese (bacon available)

Marinated Chicken Breast

served with lettuce, tomato, onion and pickle on the side, choice of american, provolone, swiss or cheddar cheese (bacon available)

Linville Ridge Spa Wrap

lightly smoked turkey, avocado, swiss, fresh tomato, arugula, dijon mustard on a whole wheat tortilla

Create Your Own Deli Sandwich

- ham, turkey breast, roast beef, chicken salad or tuna salad
- swiss, cheddar, provolone or american
- marbled rye, wheat, white, 9-grain or sourdough bread
- choice of condiments
- lettuce, tomato, onion

SIDES

Shoestring French Fries
Housemade Potato Chips
Sweet Potato Fries
Pasta Salad

Coleslaw
Fried Okra
Fresh Steamed Vegetables
Wilted Spinach

Sliced Tomatoes
Low Fat Cottage Cheese
Fresh Fruit

Additional sides \$3.00 each.

CHILDREN'S MENU

All children's meals served with fresh fruit garnish.

Chicken Tenders with Fries

Macaroni and Cheese

Fish and Chips with French Fries

Grilled Cheese with French Fries